Tourist Guidebook **HEGURI** 

# Highlights of Heguri in a Pocket Between Mountains



# Just as if you were slipping back in time. **Experience ancient Japan.**

Heguri is a town surrounded by beautiful mountains. There remain many kofun tumuli, historic sites, and cultural properties within the town. You can fully experience eternal time since ancient Japan through its nature and history.

### Shigi-san Chogosonshi-ji Temple

Shigi-san is an ancient temple, which is popular as the "tiger temple" and is believed to have been founded by Prince Shotoku. Bishamonten is enshrined as the principal image of this temple, and Shigi-san is gaining popularity as one of the finest spiritual hot spots in the Kansai region.





#### Point!



#### **Annual Events**

On February 3rd, the Repelling of Demons Ritual (Bean Throwing) is held to exterminate the rampaging demons. There are also events in which visitors can participate, such as the outdoor fire offering and fire walking ritual in November.

Winter

Autumr



#### Shigi-san Tiger Festival

This festival is held on the last Saturday and Sunday of the month of the tiger (February). An experience-based workshop for painting a papier-mâché tiger and a food festival are held as well.



#### Shigi-san Tourist i Center

The Center disseminates information as a base of tourism for Shigi-san and sells regional specialties and goods from Heguri Town and Sango Town and provides meals.

These icons indicate the recommended seasons for visits and the period when events are held.



#### Point!





#### Annual Events

Every year, the mountain opening ceremony is held on the first Saturday of April, and the mountain closing ceremony is held on the first Saturday of October. In addition, waterfall and fire-walking rituals are conducted.

#### Geta and shakujo It is said that if a woman walks while wearing a pair of iron geta (Japanese clogs), she will find a good match for marriage, and if a man lifts a shakujo, he will be blessed with a good wife and children.





#### **Kiyotaki Stone** Buddha Stafues

Different Buddha figures carved on a rock face are scattered throughout this area, including Hasshaku Jizo carved on a huge rock in Kiyotaki.

### Kinsho-ji Temple

This temple is said to have been founded by Gyoki Bosatsu in 746 (Tenpyo 18). There are many stone structures, including a 13-story stone pagoda and a five-ringed tower honoring Gyoki Bosatsu.



Parking is available for visitors.







his residence.

Station

# Point!





#### Heguri Festival of the Age

A major event in spring mainly held at Heguri Town Cultural Center. The main feature of the event is a historical procession in which people dressed up as great historical figures from Heguri Town march, and you can enjoy foods and local products as well. It is held on the national holiday of April 29 every year.

Winter



Warlord Seal

The warlord seals of Sakon Shima and Hisahide Matsunaga drawn by ouka, a yokai calligrapher. Sakon Shima's seal is sold at the Yamatoji Heguri Roadside Station and Hisahide Matsunaga's seal is sold at the Shigisan Tourist i Center.





remained faithful.



Udozuka Kofun Tumulus

The largest keyhole-shaped tumulus in Heguri Town was built in the late sixth century. Horse harnesses, swords, and Sue stoneware have been unearthed.



About a 10-minute walk from Kintetsu Tatsutagawa Station

Nishinomiya Kofun

Tumulus

The remains are from the middle

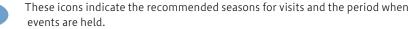
seventh century. The stone

chamber is horizontal and was

constructed with cut stones. The

house-shaped stone coffin with a

hollowed-out style is placed inside.





#### Grave of **Prince Nagaya**

This is said to be the tomb of Prince Nagaya, who was a pro-imperial politician in the Nara period. The tomb of his wife, Princess Kibi, is located nearby.



About a 10-minute walk from Kintetsu Heguri Station

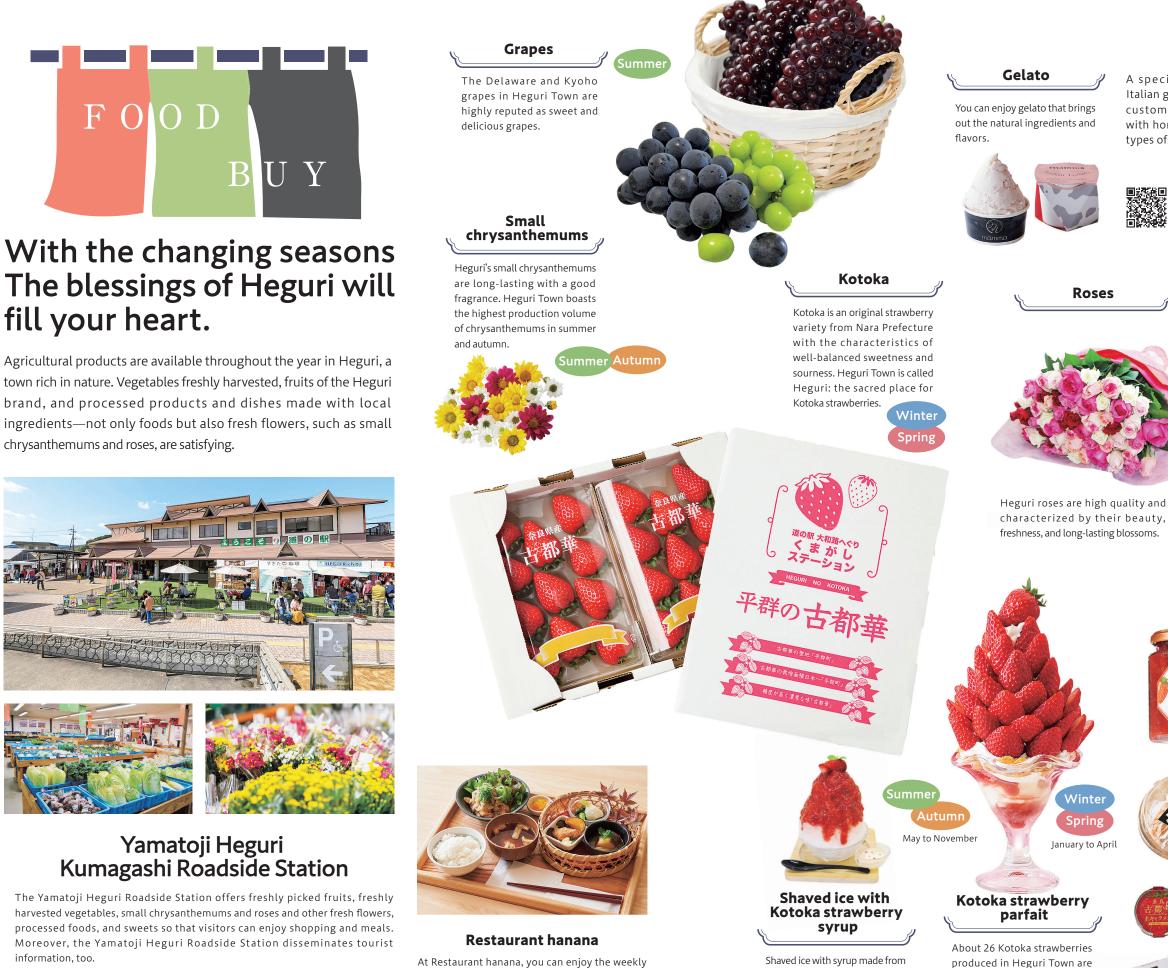


#### Fujita Residence

The residence of the Fujita family, wealthy farmers, built in the middle of the Edo period. It is designated a national important cultural property and is open to the public twice a year.



About a 20-minute walk from Kintetsu Heguri Station



visitors. (106 vehicles)

Parking is available for and New Year holidays [Telephone] +81-745-45-8511

Winter

Autum

lunch menu with fresh ingredients, such as local [**Opening hours**] 8:30 a.m. to 5:00 p.m. vegetables and fruits, and homemade miso. [Closed days] For the year-end

\*[Opening hours] 11:00 a.m. to 4:30 p.m.

the strawberry juice of Kotoka

produced in Heguri Town.

\*Limited time only at Restaurant

hanana

These icons indicate the recommended seasons for visits and the period when events are held.

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#### mamma

A specialty restaurant for Italian gelato and pasta where customers can enjoy pastas with homemade sauce and 16 types of Italian gelato.





Parking is [Opening hours] available for visitors.

<Weekdays> 11:00 a.m. to 6:00 p.m. (Last call at 5:30 p.m) <Weekends and national holidays> 11:00 a.m. to 9:00 p.m. (Last call at 8:30 p.m.)

[Closed days] Mondays(If a Monday falls on a national holiday, the restaurant will be closed on the day after the Monday holiday.) The second Tuesday

[Telephone] +81-745-46-1085

#### **Heguri Rose**



A rose specialty store that sells roses produced in Heguri Town and miscellaneous goods. The store directly lays in a stock of roses grown by the adjacent Onshitsu Bara Kumiai (Greenhouse Rose Association).







Parking is available for visitors

[Opening hours] 10:00 a.m. to 3:00 p.m. [Closed days] Thursdays and Sundays [Telephone] +81-745-46-1214



Additive-free jam made with Kotoka strawberries grown by producers in Heguri Town.

Mahoroba Kotoka jam





used in this parfait. The parfait is

\*Limited time only at Restaurant

served by reservation only.

hanana

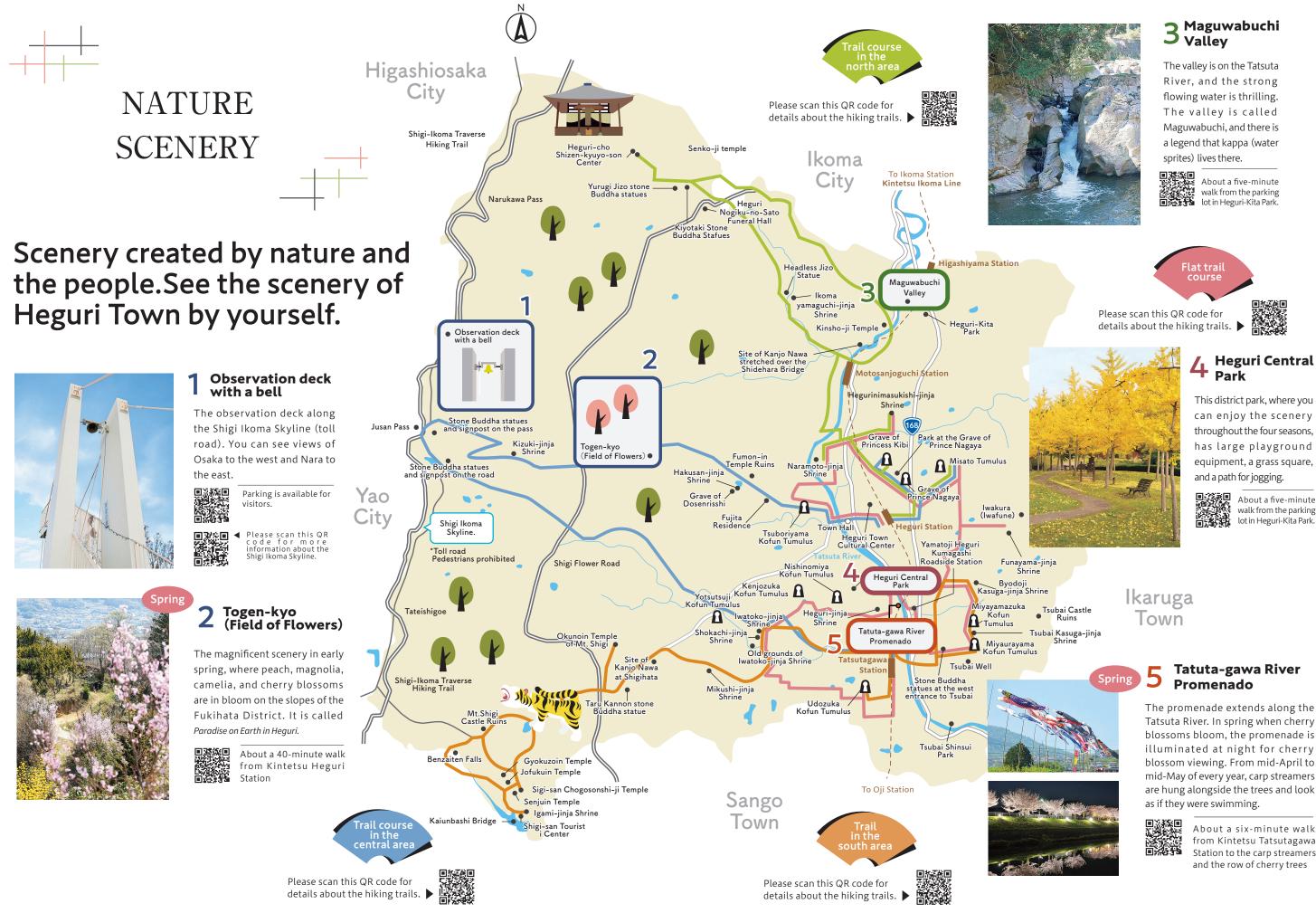


The miso is made from koji and domestic soybeans that have been naturally aged for over a year.



Sweets with Kotoka strawberries produced in Heguri Town, including popcorn, kintsuba, pudding, and creamy caramel.





These icons indicate the recommended seasons for visits and the period when events are held.

Winter

Autumr

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Heguri Central

This district park, where you can enjoy the scenery throughout the four seasons, has large playground equipment, a grass square,

> About a five-minute walk from the parking

# Tatuta-gawa River

The promenade extends along the Tatsuta River. In spring when cherry blossoms bloom, the promenade is illuminated at night for cherry blossom viewing. From mid-April to mid-May of every year, carp streamers are hung alongside the trees and look

> About a six-minute walk from Kintetsu Tatsutagawa Station to the carp streamers and the row of cherry trees





# Experience of ascetic practices at the Chogosonshi-ji Temple

The three guest quarters of Chogosonshi-ji Temple offer not only lodging but also the experience of

For reservations, please call or e-mail using the r



# To enjoy Heguri Town more, see its history and nature for yourself.

We can offer you an experience where you can appreciate the history and nature of Heguri Town, such as tours around the town and the experience of ascetic practices at the temple.





#### **Experience of ascetic practices** at Senko-ji Temple

Senko-ji Temple offers the ascetic practice experience of walking through Mt. Ikoma on the third Saturday of April and October with lodging at the guest quarters and the experience of sutra copying and seated meditation at any time.



For reservations and inquiries, please call. [Telephone] +81-745-45-0652



#### Let's walk with a volunteer tourist guide of Heguri Town.

Volunteer guides provide tourist information about the historic sites and cultural properties of Heguri Town, as well nature in each season.



 Please scan this QR code for the application. Days when guides are stationed at the Yamatoji Heguri Kumagashi Roadside Station 9:30 a.m. to 3:00 p.m. on Saturdays, Sundays, and national holidays

# **Return gifts** for hometown tax donations

We will deliver agricultural products, specialty products, and special experiences as return gifts for hometown tax donations. The donations are used for projects by the town residents.

#### Website for the introduction of

the hometown tax donation program We introduce our return gifts of agricultural donation. products, flowers, and lodging experiences.



**Grapes from Heguri** Grapes produced in Heguri Town have a high sugar content and are large in size, which will satisfy you.



**Bouquet of roses** (regular delivery) Heguri roses will be delivered in



#### Experience of lodging at Senko-ji Temple

You can experience the ascetic practices of seated meditation and sutra copying while lodging at an old temple.



#### Horseback riding experience

You can try horseback riding under the guidance of an instructor.







a different bouquet each month.







#### Kotoka from Heguri

Strawberries grown in Heguri Town. Large-sized ones and regular delivery service are available.



#### Fermented brown rice

The brown rice we use is pesticide-free and fertilizer-free. (Delivered in a frozen pack)



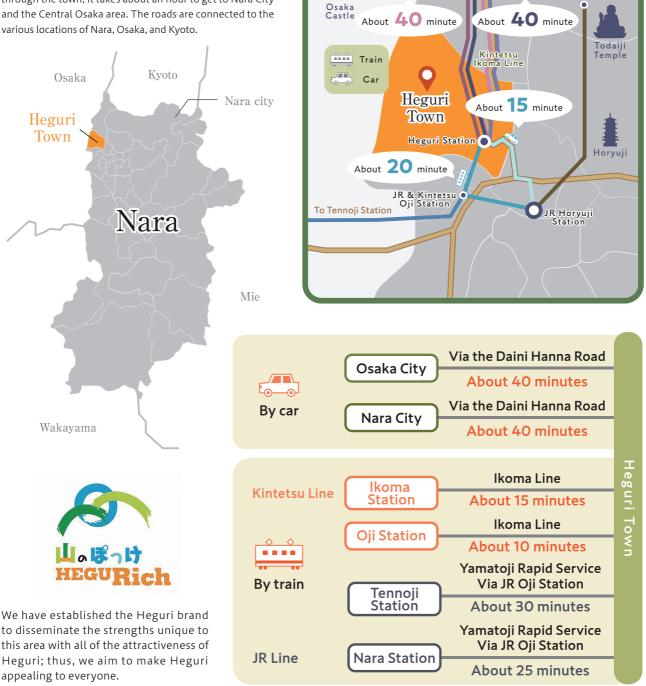
#### Italian gelato

We are proud of this gelato because we carefully select the ingredients and prioritize food safety.

# ACCESS

# From nearby tourist spots

Heguri Town is easily accessible from nearby tourist spots: for example, it takes about 40 minutes each from Osaka Castle and Todaiji Temple and about 15 minutes from Horyuji by car. Since the Kintetsu Railway and JR run through the town, it takes about an hour to get to Nara City and the Central Osaka area. The roads are connected to the various locations of Nara, Osaka, and Kyoto.



About 50 minute

Chuo Line

JR Morinomiya

Station

Please scan this QR code to access the Heguri Town Tourist Information Website.▶



Please scan this QR code to accessthe Heguri Town Tourism Official Instagram page.



**Issued by**: Commerce & Tourism Section, Tourism Industry Division, Heguri Town Hall

 $(\mathbf{A})$ 

Kintetsu Nara Station

JR Nara Station

About **45** minute

Kintetsu

Nara Line 👝

Ikoma Station

1-1-1Yoshishin, Heguri-cho, Ikoma-gun, Nara 636-8585 Japan Telephone: +81-745-45-1017 Fax: +81-745-45-0211 Email:sangyo@town.heguri.nara.jp

Selected Project in the Reiwa 5th year for Subsidies to Promote Comprehensive Tourism Strategy by Nara Prefecture